

# My interests



Length:  
15-25 minutes

## About this lesson

To introduce interests and have students consider what interests them now and how this can relate to future careers.

## Learning objectives

By the end of this lesson students will:

- consider things they enjoy doing in their free time and what that says about them
- reflect on how their interests can relate to potential future careers

## Inquiry prompts

- What sorts of things do I like to do in my free time?
- What do my interests say about me?

## Before you begin

1. Ensure that you are able to log into your student demo account on Xello.
2. Ensure that students are able to log into their accounts and access **About Me**
3. Decide whether to take discussion notes with your class via a slide deck and project for students to view, or on a whiteboard in the physical classroom.
4. Create a Xello **Assignment**. This is where students will submit their reflections at the end of the activity.

## Teaching strategies

- 1 Display the word "Interests," either on a whiteboard or a slide deck. Have students brainstorm words that they associate with "Interests."
- 2 Give students five minutes to brainstorm some of their own interests.
- 3 Have students share their interests with a partner.
- 4 From your student demo account, model going to your **About Me** page and saving an **Interest**. Explain why you saved this interest. As a class, walk through adding a couple different **Interests** to demonstrate how students can add their own.
- 5 Allow students time to log in to their accounts and select their **Interests**.
- 6 Have students reflect on the following questions in the Xello **Assignment**:
  - What do my interests say about me?
  - How might these relate to a future career?

## Materials required

- Computers or tablets with Internet access
- Whiteboard and whiteboard markers (optional)

## Outcomes

Students:

- save 5 interests
- reflect on their current interests in a Xello

## Assignment